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'70s band inducted into the Rock and Roll Hall of Fame. Use Metro AR to watch them perform **PAGE 15**



'ENCLAVES ARE NOT GHETTOS'

DAY 3 OF METRO'S LOOK AT IMMIGRATION: NEWCOMERS BAND TOGETHER TO CREATE SUPPORT NETWORKS **PAGE 9**



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at home

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Early mornings

WAVES COFFEE HOUSE



RETURN OF THE RATS

Nearly two years after a Medicine Hat landfill became home to an 80-metre-long rats nest, city officials declare a new rodent issue. Story, page 4. TORSTAR NEWS SERVICE

New cycle-track plan: Build it all, try it for a year

Decision time.
Council to vote on \$11.5-million proposal later this month



ROBSON FLETCHER
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Calgary's proposed network of separated bike lanes downtown would be built in one fell swoop and open next summer on a trial basis, under a new plan from city staff.

"Our proposal now is to install all of these tracks at once and pilot them as a network for one year," transportation engineer Blanka Bracic told reporters Tuesday.

The shift in approach comes eight days before a key vote at the city's transportation

committee and less than three weeks before city council, as a whole, will be asked to approve the plan, which has been the subject of much controversy.

Critics, including numerous members of council, have raised concerns about the network's impact on motor-vehicle traffic and the loss of on-street parking.

Previously, city staff proposed spending roughly \$20 million to permanently build the network bit by bit, starting with the conversion of one lane of 1 Street SE to a two-way cycle track.

Under the new plan, a slightly modified network would be built using temporary separation barriers and signaling devices, at a cost of \$11.5-million. After a year of use and detailed study, city council would then decide to

keep, modify, or dismantle the network.

Mayor Naheed Nenshi supported the new plan.

"We have been endlessly fighting about how many people will use (cycle tracks)," he said. "But the answer is, we won't really know until we build them."

Coun. Ward Sutherland, however, said he'd prefer to see "a gradual build" and more of the \$22-million cycling-strategy budget allocated to areas other than downtown.

Beltline Communities president Rob Taylor said the pilot project will give the cycle-track network "the opportunity to show itself off," and he expects area residents will make good use of it.

"It's something they're seeking," Taylor said. "It's almost become a symbol of a 21st-century urban way of life."



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'Growing angst'

Calgary pledges \$15.7 million for immediate flood protection

Calgary has earmarked \$15.7 million from its reserves for dozens of projects that city staff say need to be done immediately to better protect residents should there be another high-water event this spring or summer.

Use of the funds was approved Tuesday by the city's priorities and finance committee, on the understanding that most of the money could be recouped from the province's flood-mitigation fund.

"The intent is that it can be complete this year," flood-recovery director Christine Arthurs said of the work, which ranges from bridge reinforcements to the installation of warning sirens on fire stations.

"That will help us but it certainly will not solve the problem," said Mayor Naheed Nenshi. "For that we need the long-term mitigation, which is a lot of construction — maybe years of construction."

Coun. Gian-Carlo Carra said there continues to be "growing angst" in the communities of Rideau and Roxboro over the potential for another flood, and some residents are considering hiring a private consultant to help put up temporary berms or other measures, if the city does not.

City solicitor Glenda Cole told council such actions would be taken "entirely at their own risk" as residents "may be constructing things that may actually result in water being on public property or on their neighbours' property." **ROBSON FLETCHER/METRO**

AHS splurging on consultants: Wildrose

The Opposition Wildrose party says Alberta Health Services billed taxpayers \$460,000 a day for consultants on everything from computer programming to art advice.

On Tuesday, the party released documents it obtained under freedom-of-information rules for more than 500 consulting contracts over an 18-month period that ended last September.

"They're symbolic of the

culture of waste that is alive and well in Alberta Health Services," said Wildrose health critic Heather Forsyth.

"The front-line health workers who hold our system together continue to be starved for the resources while rich contracts are handed out to high-priced consultants for things like improving Alberta Health Services' public image."

Wildrose critic Rob Ander-

Stakes

Forsyth said the data is disturbing given reports last week that Alberta's 85-day wait for lung cancer surgery is the longest in the nation.

son said three-quarters of the money, about \$350,000 a day, went to IT consultants.

Anderson said he's not al-

leging all the contracts were frivolous, but said, "When \$350,000 is spent every single day merely on IT consulting, I think it's reasonable to ask if taxpayers are getting good value for money."

Anderson said \$3 million was spent on communications and marketing consultation, including money to teach AHS staffers how best to talk to their employer, the Alberta government. **THE CANADIAN PRESS**

Alarm bells ring over fire response times

Below the benchmark. Chief downplays effect of new fire halls, points to extreme weather



BRYAN WEISMILLER
bryan.weismiller@metronews.ca

Mayor Naheed Nenshi questioned Tuesday whether there's a "systematic problem" with the Calgary Fire Department as crews fell short of benchmark times for getting to burning buildings, rescues and medical emergencies in 2013.

Two-thirds of the time, crews first arrived within seven minutes — which is below the 72-per cent target. The department also missed the mark on first-in response to life-threatening medical situations and getting a dozen firefighters to the scene of a blaze.

"I have been concerned ... for a little while that we've



Firefighters battle a southwest Calgary apartment blaze in 2013. The mayor raised questions Tuesday over how long it takes the Calgary Fire Department to get to emergency scenarios in light of report findings. **METRO FILE**

been finding it difficult to meet our performance management targets on first-engine response times," Nenshi said at a committee meeting.

The mayor defended Chief Bruce Burrell in 2012 when

he was censured by his rank-and-file amid calls for more stringent benchmarks for fire response times and staffing.

Nenshi's concerns come a day after city councillors were told the average fire call

Workload

The Calgary Fire Department provided over 109,000 responses to more than 55,500 incidents in 2013.

costs \$657 in the city core but as much as \$4,660 in some new communities during discussion on the cost of suburban growth.

At Tuesday's meeting, Burrell said the new fire halls — such as Evergreen, Seton and Symons Valley that opened last year — are a "long-term payback" that likely wouldn't affect performance targets for another 25 years.

"We're making very little investment in dealing with the high-volume areas, which are the densification areas of the city, by adding additional units," Burrell said.

He also attributed about two per cent of the target shortfall to extreme weather in 2013.

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Education. Alta. students to save cash under 'open' course material model

Advanced education leaders in Alberta are applauding a provincial move to embrace open course content, saying it will save students from shelling out for costly textbooks and other learning materials.

In a statement issued Tuesday, Premier Dave Hancock declared an expert group is hashing out how to get free digital content onto college and university campuses.

Open education resources include textbooks, multimedia material and lesson plans. The model sees mass-use course material published online with a creative commons licence.



Premier Dave Hancock METRO FILE

"After tuition and fees, the price of textbooks is one of the highest costs facing students looking to obtain a post-secondary education in Alberta," said Conner Brown, head of the Council of Alberta University Students. **BRYAN WEISMILLER/METRO**

Oops. Calgary accidentally tried to charge itself \$420K in property taxes

Calgary will cancel more than \$420,000 worth of taxes it accidentally charged itself last year, after a series of city-owned properties were incorrectly assessed as taxable.

"Clerical error probably is the best description," city assessor Nelson Karpa said of the mistake, which involved numerous addresses on 72 Street SE, 104 Avenue SE, 106 Avenue SE, and 107 Avenue SE.

"A fairly large number of parcels were subdivided off and through that process they actually got flipped from exempt to taxable," Karpa explained.

Because the error occurred last year, by law, city staff had to seek council approval to adjust the 2013 tax roll.

A city staffer sheepishly assured Coun. Andre Chabot at a committee meeting Tuesday that steps have been taken to avoid the "quite embarrassing" error from happening again.

Karpa said the adjustment will be made using the "prior year's tax-cancellation budget," which is in an account set aside for tax adjustments that are routinely made retroactively, typically for other reasons.

ROBSON FLETCHER/METRO

The rats are back in Medicine Hat

Extermination.

Monitoring efforts have been ramped up and the rodents are being fed poison: Landfill superintendent



BRYAN WEISMILLER

bryan.weismiller@metronews.ca

Alberta's rat-free status is once again under attack from a rodent colony occupying a garbage dump in Medicine Hat.

On Tuesday, city staff declared 39 dead rats have been plucked from the landfill upon further investigation into the recent discovery of a lone long-tailed critter in a farmer's field.

While it's reminiscent of the great infestation of 2012, landfill superintendent Paul Nicholson said the two cases are likely unrelated.

"The speculation is that we had another batch come in, in a load from somewhere else where they had rats," Nicholson told Metro.

"We had bad luck two times in a row — I can't give you another explanation," he added.

In August 2012, provincial pest experts launched "Operation Haystack," bagging about 150 carcasses in the eradication mission.



Some of the 53 dead rats recovered from traps near Medicine Hat's landfill are shown in the back of a truck on Aug. 16, 2012. THE CANADIAN PRESS/HANDOUT/CITY OF MEDICINE HAT

That, coincidentally, was Nicholson's first day on the job. Since then, Medicine Hat officials claim to have vigilantly monitored a three-mile buffer zone around the landfill for signs of vermin.

All has reportedly been quiet until now.

Nicholson said monitoring efforts have been ramped up and the creatures are being fed a "great menu of special food" — a.k.a. poison — for the foreseeable future.

At a glance

- The 2012 Medicine Hat rat infestation produced one of largest body counts recorded since Alberta's rat control program began in 1952.
- Suspected rat sightings should be reported to 311 or to the Alberta Rat Patrol's toll-free number, 403-310-3276.

"If it takes a week, month, three months, six months, a year — it doesn't matter, we'll keep doing it because that's our mandate."

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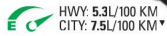
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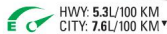
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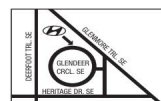
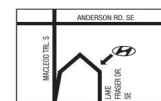
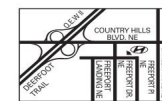
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Tuscany LRT expected to slash bus commutes

Fall opening. New station will also affect four other routes

Bus riders in the city's far northwest will soon be spared from loop-the-loop routes over Crowchild Trail and dipsy-doodling trips down Stoney Trail when a new LRT station opens this fall.

Calgary Transit held its last open house Tuesday night for Tuscany Station.

There, city staff explained the proposed changes to buses currently feeding Crowfoot Station. While only one new bus route is being added, four others are being tightened up as a result.

"It's definitely going to

shorten my commute," said Royal Oak resident Chris Bendig, who uses the CTrain for travel to and from work.

Although, once the final stop on the northwest line opens, Bendig aims to walk or cycle to the platform.

"Ideally I'll be able to avoid the bus completely," he said.

The exact opening date for Tuscany Station has not yet been declared, with officials predicting some time in September.

Once open, it's expected to serve bus routes No. 74 and 174 from Tuscany, No. 58 from Rocky Ridge and No. 158 from Royal Oak — as well as a new line jutting out to the Royal Vista business park.

The northwest extension was first announced in late 2007 and was first expected to



While the Tuscany Station looks nearly complete, officials say there's still much work to be done. BRYAN WEISMILLER/METRO

open in 2011. That timeline, however, was pushed back due to big-time construction on neighbouring roadways and

changes in funding commitments, according to the city.

It's been a long time coming for nine-year Rocky Ridge

resident Terdoo Azenda. "It's going to be way more convenient for me," Azenda said.

BRYAN WEISMILLER/METRO

Tracked with HAWCS

Charges laid in Calgary rampage

Calgary police have charged a man after a high-speed rampage around Calgary Monday. Police responded at around 4 p.m. after reports of theft from a large retail outlet in the 4100 block of 126 Avenue SE.

According to police, the suspect fled in a Honda Accord and was seen driving dangerously through areas of southeast Calgary, including into oncoming traffic and through school zones.

The vehicle ultimately smashed into a fence in the 2800 block of Memorial Drive NE. Gary Neil Firth was charged with several offences. **METRO**

Alberta

River forecasters ready for floods

Alberta's river forecasters say they're better prepared than last year for flooding.

An alarm system now monitors about 40 rain gauges in flood-prone areas across the province.

River flow forecaster Colleen Walford says if there's intense rain, the alarm will warn environment staff and municipalities. She says improved communication with municipalities also means everyone will be better able to handle a flood emergency. The province is also creating a free app that will give people updated information on river levels. **THE CANADIAN PRESS**



RCMP continued to search Monday for Anina Hundsdoerfer, a local woman who's been missing 18 days. CONTRIBUTED

No new leads in Hundsdoerfer case

Weather and heavy snow have plagued the search efforts of Rocky Mountain House search and rescue teams as they continue to look for Anina Hundsdoerfer.

After more than two weeks of searching, few clues have surfaced in the case of the missing 32-year-old Edmonton woman last seen March 22.

While rescue teams were

back out to search an area west of Rocky Mountain House where Hundsdoerfer's car was located Monday, the search was once again suspended due to the heavy snow pack.

"The amount of snow out there makes it very difficult," said Rocky Mountain House RCMP Sgt. Michael Numan. "We've done the best we can with the resources we have and

the conditions allow.

Hundsdoerfer's vehicle was found on Highway 734 between Rocky Mountain House and Nordegg, though no signs of her have been uncovered in subsequent searches.

Numan said teams in Rocky Mountain House would continue searching in the area unless they locate any information that could lead investiga-

tors in a different direction.

"Our members are going to be frequently (searching) that area and looking at the snow levels," Numan said.

"Once we figure we can do a little more, we will be back out there."

Edmonton police Sgt. Neil Zurawell said EPS is also continuing its own investigation in the city. **LEAH GERMAIN/METRO**

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Pistorius testifies at trial: 'I sat over Reeva and I cried'

South Africa. An emotional Pistorius recounts details of girlfriend's murder

A subdued Oscar Pistorius on Tuesday described dinner at home, chatting and looking at cellphone photos with Reeva Steenkamp on the last night of her life. Then he erupted in anguished howls and heaving sobs while testifying at his murder trial about the moments when he says he realized he shot his girlfriend through a closed toilet door.

The spectacle of what appeared to be a tormented man highlighted the drama of the runner's inspirational rise and sudden fall. The South African double-amputee captured the world's attention when he successfully fought for permission to run in the 2012 Olympics on his prostheses. The next year, he was facing charges for kill-



Oscar Pistorius's sister Aimee, right, cries as he testifies in court.
KIM LUDBROOK/THE ASSOCIATED PRESS

ing the woman he said he loved.

The court in Pretoria, the South African capital, adjourned because of the athlete's breakdown.

"I sat over Reeva and I cried," Pistorius said, telling how he broke open the stall door in his bathroom in the early hours of

Feb. 14, 2013, to discover his bloodied girlfriend.

Pistorius said in statements that he shot Steenkamp after mistaking her for an intruder in his bathroom. The athlete said he felt fearful and vulnerable as he moved to the bathroom, walking only on his stumps.

The 27-year-old Olympian faces a life sentence with a minimum of 25 years before parole if convicted. The judge will deliver the verdict because South Africa does not have a jury system.

Earlier Tuesday, Pistorius denied three other charges against him relating to firing a gun in public on two occasions.

He said he wasn't to blame for a shot going off in a busy restaurant because a friend handed him an "unsafe" gun.

Attempting to emphasize the runner's vulnerability, his lawyer prompted Pistorius to take off his prosthesis and stand on his stumps by the bullet-marked toilet door.

THE ASSOCIATED PRESS



Irish visit full of symbolism

Irish President Michael D. Higgins walks alongside Britain's Queen Elizabeth II at Windsor Castle on Tuesday. Higgins marks Ireland's first official visit to Britain since its independence, a symbolic gesture for the two countries with a troubled history. PETER MACDIARMID/THE ASSOCIATED PRESS

Protests

Tensions rise in eastern Ukraine

Ukraine's government struggled to stay in control of the country's eastern regions as tensions flared Tuesday in three cities.

While the government managed to recapture its regional headquarters and detain dozens of pro-Russian protesters in one city, it said "radicals" were keeping 60 people hostage and threatening them in another city.

Earlier Tuesday, authorities regained control over a government building in Kharkiv. Protesters were evicted and dozens detained. In Donetsk, a city further south, protesters dug in for their third day at the regional headquarters they captured on Sunday before declaring a parallel government.

All three cities are in Ukraine's east, where hostility is strong toward the government that took power in February after the ouster of Kremlin-friendly president Viktor Yanukovich. THE ASSOCIATED PRESS

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Just let the wellness flow through you

IV league. Vancouver opens a posh new clinic where customers enjoy an intravenous dose of vitamin therapy



EMILY JACKSON
Metro in Vancouver

With leather reclining chairs, soft lighting, indie music and flat-screen TVs, passersby might mistake this Vancouver business for a typical lounge or spa.

But they do a double-take when they see plastic bags dripping fluids into customers' veins.

Welcome to the IV Wellness Boutique, the first dedicated intravenous vitamin therapy lounge in the city — and perhaps the country.

While naturopathic physicians around the world provide vitamin drips to help relieve ailments from stress to



Patrons enjoy IV vitamin therapy at the IV Wellness Boutique in Vancouver.
TWITTER: @THEIVWELLNESS

exhaustion to hangovers, the co-owners of this clinic believe it's the first with a social, spa-like atmosphere in Canada.

"We tried to take the clinical feel out of a clinic; we tried to make it really beautiful," naturopathic doctor Heidi Rootes said Tuesday.

Rootes and co-owner Robin Szakacs want to focus on health

benefits including energy boosts and back-pain relief instead of the party cure, popular in Las Vegas, L.A. and Miami.

"Sure, if you put anybody that's hung over and dehydrated on an IV they're going to feel better," Rootes said. "Sometimes I feel like that kind of cheapens what we're doing, but that's not our focus."

Day of Pink

DOING MORE THAN JUST COLOUR COMMENTARY



MICHAËLLE JEAN
27th governor general and commander-in-chief of Canada, co-chair of the Michaëlle Jean Foundation

Four years ago, my 11-year-old daughter Marie-Eden came home from school and started telling me — fast-paced, enthusiastic as can be — about the Day of Pink campaign. "You know, Mom," she said, "I need to take action when someone is not being treated right. I need to act, even if I'm not the one directly affected."

Marie-Eden seemed to have understood everything: the damage of discrimination, the importance of standing up to bullying, how to take concrete action, to make a difference.

I was floored.

As you know, I grew up in Haiti, in a country "draped in barbed wire," to

use the words of my uncle, the poet René Dépestre. Under the dictatorship of Papa Doc, my family taught me that indifference to the predicament of others was not an option; that having a social conscience was paramount.

And here was my child, now in Canada, teaching me the same lesson.

Since that time, I have participated in the Day of Pink and met the Jer's Vision team. I have seen the transformative power of their work. I have seen how children and teens have gained a vocabulary, new ways to act and new tactics to show solidarity with the vulnerable. The campaign is working. And that's why I believe in the urgent spread of this kind of intervention.

Bullying, harassment, prejudice and abuse are still rampant. Today, suicide is still the second-leading

cause of death for people aged 10 to 24 in Canada — just behind accidents. And it remains the leading cause of death among sexual-minority youth.

That is why I have chosen to work through the Michaëlle Jean Foundation on what we have dubbed the 4th Wall Youth Solidarity Project. With the Art Gallery of Ontario, Jer's Vision and 50 human rights and health organizations, we are encouraging Canadians to show vulnerable youth from Canada's Two-Spirit and LGBTQ communities that they are not alone; that we care; that we want them to feel included.

Six lucky young artists will be awarded a cash prize, a free trip to Toronto and an opportunity to have their work featured in a high-profile exhibition at the Art Gallery of Ontario, to mark World Pride 2014.

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- b) Relax
- c) Donate to Goodwill
- d) All of the above

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Join us Tuesday, April 15 at 7:00 pm in MacDonald Hall in the Heritage Hall Building; program breakout session to follow. Confirm your attendance and program of choice by visiting sait.ca, calling 403.284.8367 or emailing construction.info@sait.ca.

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Nations within a nation



The First Filipino Baptist Church of Toronto is a key gathering spot for the rapidly growing Filipino community in Canada's largest city. DAVE STARRETT/FOR METRO

Community

Enclaves booming in Canada

Call it Little Italy, Chinatown or Little Manila.

No matter the name, ethnic enclaves are important to the immigrant communities they support — and the cities they're in.

For the cities themselves, traditionally large urban ones like Toronto and Vancouver, enclaves help bring in tourists looking for an authentically exotic bite or a first-hand brush with another culture.

And, in many cases, those same tourists help newcomers succeed by frequenting the businesses where they work.

"Enclaves are very lively and they help support immigrant life in a number of different ways," said Dr. Sandeep Agrawal, from the University of Alberta.

In recent years, enclaves have started branching into the suburbs of major cities, and most of Canada now has enclaves of various shapes and sizes.

If you ask Agrawal, there's no real downside to that. But, enclaves have, in the past, been cast in a bad light.

A 2003 Statistics Canada report "measured ethnic enclaves as part of an isolation index, meaning those who live in enclaves are isolated and that enclaves are bad," Agrawal said.

A followup paper "debunked that myth," showing that the communities actually help people adjust and, eventually, thrive in Canada.

Another myth is that the words "enclave" and "ghetto" can be used interchangeably.

"Ghetto is an old word which is based on racial and economic exclusion," Dr. Mohammad Qadeer of Queen's University said. "A ghetto is also a large concentration of poverty."

"Enclaves are not ghettos."

DAVE LANGFORD/METRO



Immigrants banding together. Tight-knit communities offer support to new arrivals



DAVE LANGFORD
Metro in London, Ont.

Cely Velez was 39 when she came to Toronto in 1997, leaving her home in the Philippines behind.

"My mom is here and she was not that young anymore," Velez said, adding that her lone sister lives in California with six children. "So for me, I wanted to be the one responsible for my mom's care."

Velez is the business administrator at the First Filipino Baptist Church of Toronto. Sitting in the heart of the city with a congregation of about 410 people, the church is a focal point for Toronto's burgeoning Filipino community — the fastest growing enclave of immigrants in the nation, one expert said.

Dr. Sandeep Agrawal, a specialist in ethnic enclaves at the University of Alberta, said recent years have seen a big influx of immigrants from the Philippines, "even superseding (those from) India and China."

A 2011 National Household Survey showed 662,600 persons of Filipino descent now live in Canada.

Agrawal said the Filipino enclave is replacing one of Canada's oldest communities — the Jewish enclaves in central Toronto.

Dr. Mohammad Qadeer, professor emeritus of urban

and regional planning at Queen's University in Kingston, said there are two dimensions to ethnic enclaves.

The first is a "residential concentration of people" and the other is a combination of various facilities, commercial establishments and churches, which together comprise an ethnic enclave.

"The most concentrated residential groups are Jews and then Italians and then Portuguese," Qadeer said.

Ultimately, the communities within communities help more established immigrants support those who are newer to Canada.

Velez falls into the second category of enclaves — her work and personal life both revolving around the First Filipino Baptist Church.

"It's always church-related events," Velez said. "We usually go into each other's homes. That's very, very important for us."

Where we come from

2010

36,580 people

Philippines

30,251 people

India

30,196 people

China

2011

34,911 people

Philippines

28,695 people

China

24,964 people

India

2012

33,018 people

China

32,747 people

Philippines

28,943 people

India

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THE STORY OF US: IMMIGRATION IN CANADA, TOLD IN FIVE PARTS

Day 1

Change and effect

1

Day 2

What Canada wants vs. what it gets

2

Day 3

Where we come from, where we go

3

Day 4

Happy times, hard times

4

Day 5

The future and beyond

5

Online

Live the stories of three immigrants in our five-part video series at metronews.ca



50 more stores. Walmart ramps up growth in India after split with partner



Walmart aims to open 50 more wholesale stores in India. GETTY IMAGES

Walmart Stores Inc. says it will open 50 more wholesale stores in India over the next four to five years, adding to the current total of 20 in the country.

These stores, known as cash-and-carry outlets, cater

to retailers, rather than to individuals.

Walmart also said Tuesday it plans to launch an online operation for cash-and-carry customers in India.

THE ASSOCIATED PRESS

Market Minute



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Something to squawk about: Cup cracks \$36M



The Meiyintang "chicken cup" from the Chinese Ming Dynasty (1368-1644) is displayed during a press conference in Hong Kong on Tuesday. VINCENT YU/THE ASSOCIATED PRESS

'Chicken cup.' Small white porcelain piece from Ming Dynasty lays record profit at Sotheby's auction

A Shanghai collector bought a rare Ming Dynasty cup that's touted as the "holy grail" of China's art world for \$36 million US at a Hong Kong auction on Tuesday, smashing the previous world record price for Chinese porcelain.

Sotheby's said Liu Yiqian

was the winning bidder for the small white cup, which measures just 8 centimetres in diameter and is more than 500 years old. The vessel is known as a "chicken cup" because it's decorated with a rooster and hen tending to their chicks.

It was made during the reign of the Ming Dynasty's Chenghua Emperor, who ruled from 1465 to 1487. Sotheby's said there are only 17 such cups in existence, with four in private hands and the rest in museums.

"This is really the holy grail when it comes to Chi-

nese art," said Nicholas Chow, Sotheby's deputy chairman for Asia.

For such a prized item, bidding was limited to a handful of wealthy collectors and when the winning bid was hammered down at \$32.2 million, the standing-room only crowd broke into applause. The auction house's commission brought the total to \$36.1 million.

Sotheby's said the previous record for Chinese porcelain was set in 2010 when a gourd-shaped Qianlong vase sold for \$32.4 million.

THE ASSOCIATED PRESS

American Airlines

Fly for free with miles ... sort of

If you use miles to get a free ticket on American Airlines, you may have to pay to check that suitcase.

American and US Airways announced changes Tuesday to their policies on checked-bag fees and redeeming miles for free flights.

THE ASSOCIATED PRESS

Copyright

Hollywood studios sue Megaupload

Hollywood studios are suing the defunct file-sharing website Megaupload and its founder, Kim Dotcom, claiming the website facilitated massive copyright infringement.

The lawsuit was filed Monday in federal court in Alexandria, Va., seeking unspecified damages.

Megaupload and Dotcom already face criminal charges for copyright infringement.

THE ASSOCIATED PRESS

Greenpeace

P&G changes palm oil policy after protests

The Procter & Gamble Co. has updated its policy on palm oil following high-profile protests by Greenpeace at its Cincinnati headquarters.

The world's largest consumer products company said Tuesday that it has adopted a "no-deforestation" policy for its palm oil supply.

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Feeling foolhardy? Not taking enough risks? Looking for a death-defying experience?

Try texting while you drive. It could be the most dangerous thing you can do.

According to the CAA, you are 23 times more likely to be in a crash or near-crash compared with non-texting drivers.

Driving while texting is six times more dangerous than driving while intoxicated, according to the U.S. National Highway Traffic Administration Safety Administration; in B.C., where I live, there were 81 deaths in 2012 from distracted driving, compared to 55 from impaired driving.

I can keep throwing stats at you. But I should stop now and concentrate on my driving.

And so should you, if this morning's commute is any indication. Here's just a sample of the things we did in traffic today:

While travelling at least 60 clicks an hour, a woman in a



JUST SAYIN'
Paul Sullivan
metronews.ca

Range Rover had the visor down and appeared to be putting on makeup while talking to her friend on her hand-held. As far as I can tell, the Pomeranian in her lap was doing the driving.

A line of people stopped at the red light appeared to be deep in prayer, so deep that the light changed and nobody noticed. Their faces were bathed in a strange, blue glow.

Soccer mom policed a van load of kids while talking on her hand-held. Yikes.

And it was breakfast time in the fast lane: muffins, very hot coffee, lip-searing burritos and sandwiches, assorted Tupperware from home, apples, oranges, bananas — oh my.

Any one of these distractions has a well-documented effect on your attention span. Yet we continue to drive through a multi-tasking medley of contortions. Our cars do double duty as kitchens, bathrooms, media centres and bedrooms (pets included).

What's interesting is that with the exception of hand-held

devices, most of this nonsense is not cut-and-dry illegal.

"Excuse me, ma'am, but that's a \$167 fine for driving with a Pomeranian in your lap. You're lucky it wasn't a Great Dane."

Nevertheless, it's dawning on governments that unless they do something soon, we won't make it through rush hour.

In British Columbia, which has some of the toughest drunk-driving laws in North America, the attorney general is aghast that, with one-third the population, it has more distracted-driving deaths than Ontario.

Maybe that's because Ontario has already jacked up its distracted-driving fine from \$155 to \$280. In an amusing touché, it goes to \$500 if you contest it and lose, which should clear up a lot of nuisance court cases.

B.C. will probably raise its fines soon, and may even attach points to licences. Yet you have to wonder if enforcement is the answer. The province issued 51,000 tickets for distracted driving last year, but if this morning's circus on wheels is any indication, no one has noticed.

Their "minds" are elsewhere.

ZOOM

Seeing is revealing



COURTESY LIU BOLIN/SCREAM GALLERY

Artist blends into his surroundings

Glance at it and you'll see nothing remarkable, but take a closer look and you can spot the figure of a man standing in the background. Behold Liu Bolin, the globally renowned Chinese artist gifted with the uncanny knack to use body paint to blend into any backdrop. His first solo exhibition in the U.K., *The Heroic Apparition*, is open at London's *Scream Gallery* until May 10. **METRO**

Artist's viewpoint



world. I chose to merge with the environment."

Liu Bolin, 41, artist based in Beijing
At a recent TED conference, Bolin said: "By making myself invisible, I try to question the inter-cancelling relationship between our civilization and its development."

"Each one chooses his or her path to come in contact with the external

A silent protest against the state

While his camouflage technique speaks of eccentricity, Bolin's message behind his artwork is in fact solemn and political in tone — a "silent protest against the state" for Chinese authorities' crackdown on artists. "I am standing, but there is a silent protest, the protest against the environment for the survival, the protest against the state," he said in a statement.

METRO

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MetroTube

Subway ride gets riled by a rat



ANDREW FIFE
metronews.ca

Now, you may be tempted to dismiss the old saw that New Yorkers are a hardy bunch after watching this clip of a subway car packed with supposedly indomitable souls losing their minds over a single wayward rat. But don't be so swift to judge. Upon closer inspection, you'll notice that there isn't a single pant leg tucked into a single sock anywhere on this supposedly panic-filled car. We bet you don't feel so tough now. Those New Yorkers, man. **Resolute.**



GARY STEVENS/Flickr



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SCENE 2

Taken with a bird's-eye view

Feathers in filmdom's cap. Rio 2's macaw Tyler Blu latest bird to vie for a perch in Hollywood's avian pecking order



IN
FOCUS
Richard Crouse
scene@metronews.ca

Hollywood's two most famous birds must be Donald Duck and Woody Woodpecker. Between them they've starred in almost 300 films.

This weekend Donald and Woody are joined by Tyler Blu Gunderson, a rare male Spix's macaw, voiced by Jesse Eisenberg making his second big screen appearance in Rio 2. He's joined by a cast of fine feathered friends, including a yellow canary (Jamie Foxx), a rapping red-crested cardinal (will.i.am) and a sulphur-crested cockatoo (Jemaine Clement), as they leave their home in Rio de Janeiro for the Amazon rainforest.

The colourful co-stars in Rio 2 are animated, which makes them a much more agreeable lot than Tippi Hedren's castmates in her most famous movie. In the Alfred Hitchcock film The Birds, she plays a wealthy socialite visiting Bodega Bay in Northern California when hundreds of ravens, seagulls and pigeons begin viciously attacking the townsfolk.

Some of the birds were props, but many of them were all too real. Actors with ground meat and anchovies daubed on them to entice the birds escaped with nips and scratches but Hedren took the worst of it during the shooting of the movie's famous at-



Tyler Blu Gunderson, voiced by Jesse Eisenberg, has his second big screen outing this weekend in Rio 2. CONTRIBUTED

tic scene.

She had been told mechanical birds would be used in the sequence that sees her trapped in a small room while birds attack her. When she arrived at the shoot she saw a cage built around the set and realized the plan had changed.

For a week, real birds were thrown at her by stagehands. Pecked and scratched by birds attached to her by elastic bands she screamed

and sobbed as one of them gouged her eye. It was such a traumatic sight, Cary Grant, who dropped by the set to say hello, said, "You're one brave lady."

It's no wonder Hedren chose Marnie, and not The Birds, as her favourite Hitchcock leading role.

As distressing as the shoot for The Birds might have been, the movie is now considered a classic.

That can't be said for a

film inspired by Hitchcock's avian terror.

Birdemic: Shock and Terror director James Nguyen says the inspiration for his movie dates back to 2006 when he saw a flock of seagulls flying toward him at Half Moon Bay south of San Francisco. The sight reminded him of Hitchcock's film, but he thought, "What if I make a movie where instead of seagulls and crows, it's birds of prey? There's nothing more shock-

ing than eagles and vultures."

The self-financed film took four years to finish and laid an egg in theatres before it became a cult hit as one of the worst films ever made.

When asked what Hitchcock would have thought of Birdemic, Nguyen told Empireonline.com, "I think Mr. Hitchcock would forgive a lot of its imperfections and say, 'James, you did what you could. Do another one and try to do it better.'"

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Mad Men creator tells no tales for last time

Hush-hush final season.
Show's creator muses on the strangeness of no more secrets

Chat with Matthew Weiner these days and you feel the added depth of his *Mad Men* immersion.

When its bifurcated final season begins Sunday at 10 p.m. EDT on AMC (with seven episodes, to be followed by seven more next year), the second of those final hours will be shooting, while the fifth of seven final scripts will be taking shape on the page.

And then?
The looming end has taken root in the *Mad Men* conversation among fans, even as they mark time waiting for the 14 new installments. Meanwhile, Weiner, as the auteur of this landmark drama series, voices both resolve and wonderment at his task of bringing *Mad Men* in for a landing.

His goal, he says, is not to wallop the audience with a grand parting shot, but something more gently profound: "To leave the characters in a place where they're going to be in viewers' imaginations forever."

Weiner has said many times he hit upon some semblance of that "fitting end" several years ago.

And yet: Pulling the plug on a TV series goes against every instinct of the person in charge, he says — the person whose primary duty is to keep the show alive and well, week after week.

Even for a series veteran like Weiner (who was a writer-producer of *The Sopranos* as well as the sitcom *Becker*), his mission to end *Mad Men* is "a totally antithetical thing, an exercise that is outside my realm of experience."

Last season's fade-out found Don Draper (series star Jon Hamm) who, at the series' start was fiercely guarded about his past, coming clean to his three kids: Don stood with them outside the former whorehouse where he, born



Creator Matthew Weiner talks with actress Jessica Pare on the set of *Mad Men*. JAMIE TRUEBLOOD/AMC/THE ASSOCIATED PRESS

Dick Whitman, was raised as an orphan.

Now, how does the new season pick up the action?

As usual, Weiner made sure the preview he shared with TV critics was accompanied by a laundry list of details not to be divulged: Things like when it takes place and what's going on with Don's work and private life.

What, then, can be shared? That the episode, written by Weiner, is richly satisfying. That the cast remains terrific. That the series seems headed confidently down its home stretch.

Pretty much the rest is meant to stay hush-hush.

But secrecy is not simply an obsession for Weiner. It's a marketing strategy that serves *Mad Men* well.

"This was a decision I made at the show's pilot stage," he says. He pointed to January Jones, who plays Don's ex and at the show's inception was still his wife. "She was not part of any of the press material for the first season, because I didn't want anyone who watched the pilot to know until its final moments

Where the story left off

Viewers will remember that at the close of last season, Don was left in disarray. He had been sidelined by his ad agency after suffering a meltdown at a client meeting. His loving wife Megan walked out on him after one too many broken promises.

- The 1960s have been hard on Don. A man who years before assumed another man's identity, he has shaped his sense of self, and his career, from cultural models that

seem to grow increasingly outdated as the '60s wear on. Don is on a downward spiral as he hits middle age, fast becoming an old fogey in a youth-obsessed era. Or so it may have seemed to some viewers.

- Weiner doesn't see him that way.
- "The world is changing. That was the original intention of the show. And change makes everybody feel out of place."

that Don was married."

Weiner laughs, recalling the first table read for this obscure new series on an also-ran network as he demanded confidentiality from his cast.

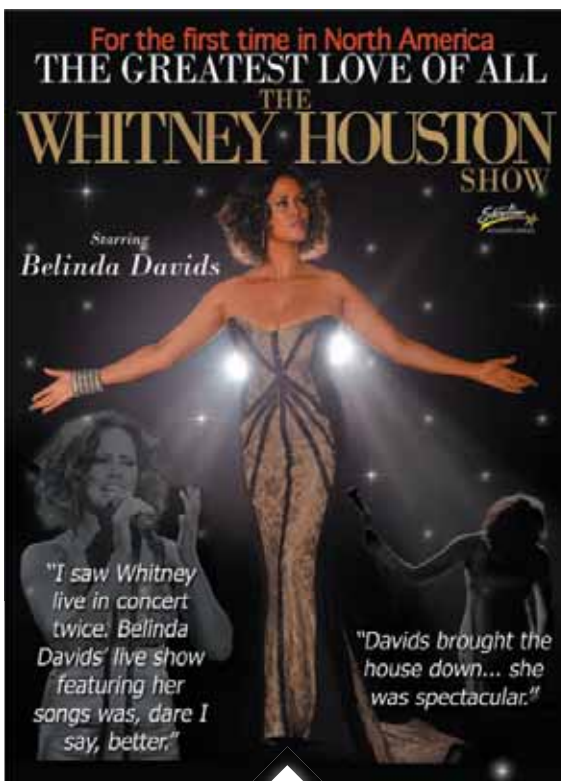
"Everybody looked at me like we'd be lucky if spoilers were a problem for this show. 'They were thinking, 'You really want us to keep things a secret?'"

"Not all entertainment has to be this way," Weiner acknowledges, "but I thought that the surprise of our storytelling would be a smart marketing decision. Luckily, AMC agreed, right from the beginning." And as Weiner hoped, it helped get the show noticed — and still does.

Now the end is in sight. How to pull it off in a way that does justice to the series and its fans? And to viewers who have yet to discover it, and won't until all the cats are out of the bag?

"If *Mad Men* continues to be watched after its ending airs, whoever approaches it will know how it ends," Weiner muses almost wistfully. "However we end the show, there won't be any more secrets. That's kind of weird." He means to leave a show behind that will satisfy latecomers, too.

But that's all ahead. "Before then," he declares, "we've got a lot of ground to cover." **THE ASSOCIATED PRESS**



The *Greatest Love Of All – The Whitney Houston Show* starring Belinda Davids is a fun and touching tribute to a true pop icon, presenting a catalogue of Houston's most loved songs from the span of her 29 year career, all performed by the stunning Belinda Davids and her live band and dancers.

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Goal going into the final season

"To leave the characters in a place where they're going to be in viewers' imaginations forever."

Mad Men creator Matthew Weiner



Lindsay Lohan ALL PHOTOS GETTY IMAGES

Perhaps LiLo should lie low and not go to Coachella with her mom

Lindsay Lohan insists she's back on the straight and narrow with her sobriety, despite slipping and having "one glass of wine" shortly after her last stint in rehab. But folks in her inner circle think her plans to attend the rowdy Coachella music festival in the California desert — especially with party-happy mom Dina Lohan along for the ride — is a terrible, terrible idea, according to Radar Online.

"Lindsay should not be going to Coachella. And having Dina with her isn't really making anyone feel comfortable that she will be a good chaperone. It's a big alcohol and drug festival and it is the last place that Lindsay should be," a source says.

"Lindsay swears that she'll stay sober, but Coachella is a huge party and there are going to be so many temptations for her. Everyone is really worried about her."



Kirsten Dunst

Kirsten rides into mother lode of controversy on knight in shining armour

Kirsten Dunst is causing a bit of an uproar with her thoughts about traditional gender roles. "I feel like the feminine has been a little undervalued," she tells the U.K. edition of Harper's Bazaar in an interview.

"We all have to get our own jobs and make our own

money, but staying at home, nurturing, being the mother, cooking — it's a valuable thing my mom created. And sometimes, you need your knight in shining armour. I'm sorry. You need a man to be a man and a woman to be a woman. That's why relationships work."

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word



Scarlett adds nickname insult to sexy inquiry injury

Whatever you do, never call Scarlett Johansson "ScarJo" to her face, as the Captain America: the Winter Soldier star can't stand the nickname.

"I associate that name with, like, a pop star," she tells Glamour magazine,

saying that the nickname "sounds tacky. It's lazy and flippant. There's something insulting about it."

That's not the only grievance she airs in the interview, as Johansson also takes on the long-standing double standards of Hollywood for men and women.

"Actresses get stupid questions asked of them all the time, like, 'How do you stay sexy?' or 'What's your sexiest quality?' All these ridiculous things you would never ask a man."

METRO WORLD NEWS



Ed Sheeran

Sheeran doesn't get why every girl crazy 'bout this ginger-haired man

Soft-spoken ginger singer-songwriter Ed Sheeran doesn't mind fans going nuts over him, even if he doesn't quite understand their passion. "I don't see myself as a sex symbol, but if other people do, I'm not going to complain," he tells Billboard magazine.

"I'm a singer that you never want to see shirtless. No one does! I haven't got a six-pack or pecs." When informed that there clearly are some Sheeran fans who would be up for him taking off his shirt, he shrugs. "To each their own," he says.



Katy Perry, left, and Lady Gaga

Do-uelling chanteuses flash locks in clashing chartreuses

So, slow gossip days mean round-ups of new celebrity hairstyles! We know, we know: This job is exciting.

First up, Maggie Gyllenhaal, who debuted a blonde pixie cut at the Cannes Film Festival on Monday night. The choice was a bit more conventional than Katy

Perry's. She showed off her new 'do on Instagram Tuesday with the tag line "Slime green for spring, duh."

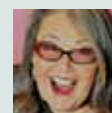
Speaking of green, Lady Gaga had a bit of the hue in her wild hair while closing down New York City's Roseland Ballroom on Monday night.

Twitter



@Miles_Teller

I've been saying "rock n roll" a lot lately. Not quite sure how I feel about it



@TheRealRoseanne

Watching honey boo boo show right now! I love it! #firsttime



@KellyOsbourne

whom ever started the rumor that I'm in "fat rehab" what exactly is "fat rehab" is it a 12 step program if so what might they be? #SoFunny!

God gave rock 'n' roll to you

KISS gives you this.

The painted rockers are getting inducted into the Rock and Roll Hall of Fame, so why not celebrate with a tour of some KISS-themed attractions?

STEVE GOW

life@metronews.ca

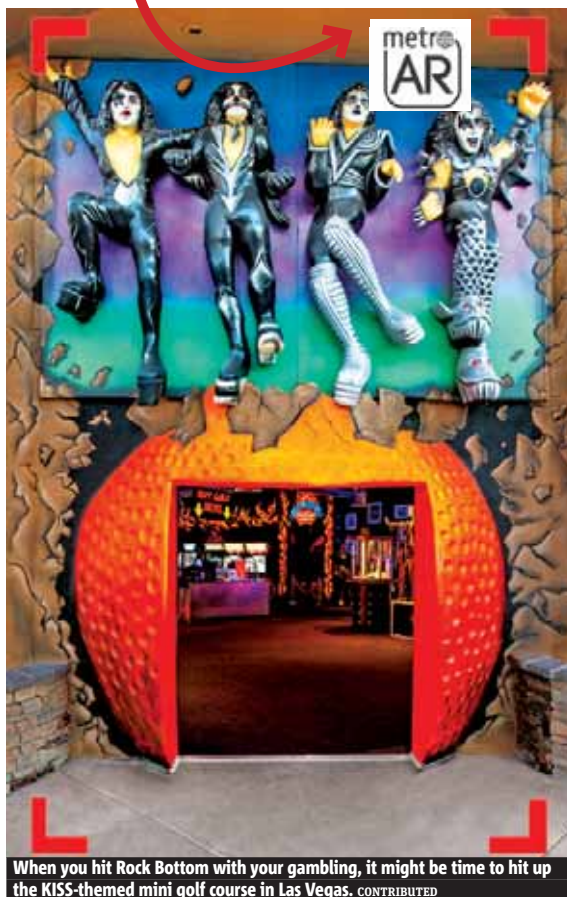
On Thursday, one of the biggest rock acts in the world is finally being inducted into the Rock and Roll Hall of Fame. But if fans of KISS can't make it to Brooklyn's Barclays Center for the ceremony, not to worry — there are many other ways to honour the face-painted performers whose career has spanned four decades. Here are a few other innovative KISS attractions in North America:

Plaster Caster

Niagara Falls may boast brilliant views of one of the natural wonders of the world but if you want waxy replicas of relentless guitar gods, Rock Legends Wax Museum at the top of carnivalesque Clifton Hill presents plaster casters of KISS as one of its most sought-after spectacles.

Calling Dr. Love

There are countless wedding chapels in Las Vegas but only one offers a fire-breathing Gene Simmons impersonator to stand as your Sinister Minister.



When you hit Rock Bottom with your gambling, it might be time to hit up the KISS-themed mini golf course in Las Vegas. CONTRIBUTED

The Hotter Than Hell Wedding Chapel in Las Vegas features concert-atmosphere nuptials on a KISS replicated stage (complete with fog machines), concert ticket invites and a live webcast. Even the real Gene

Simmons has popped in and joined newlyweds as a witness. Visit kissweddingchapel.com.

Walk the Rock

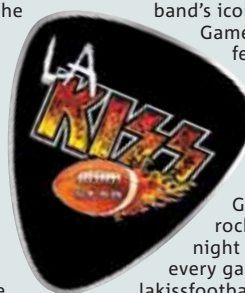
Sure, Grauman's Chinese Theatre in Hollywood is where fans



KISS even has their own Arena Football League team in L.A. CONTRIBUTED

Gods of gridiron

Earlier this month the team Los Angeles KISS debuted in the Arena Football League. Not just an incidental moniker, the squad is co-owned by Gene Simmons and Paul Stanley and they're not afraid to show it in uniforms designed with flames and the



band's iconic logo. Games will even feature rock bands stoking up lulls in play ensuring that the Gridiron Gods of L.A. rock 'n' roll all night ... and party every game. See lakissfootball.com.

can compare their handprints in cement with those of Tinseltown's biggest actors, but a few miles away at Guitar Center's Rockwalk on Sunset Boulevard, hard rock devotees can measure their mitts against their favourite KISS member. Step inside the Hollywood landmark and check out Paul Stanley's "Iceman" guitar and boots on display. Visit rockwalk.com.

Putt it Out Loud

Just when mini-golf couldn't

get any more exciting, now at the KISS by Monster Mini Golf in Las Vegas, fans can play golf on a well-designed glow-in-the-dark 18-hole course while hits like Detroit Rock City blast over loudspeakers.

Who doesn't want to ace a hole-in-one by putting up the extended tongue of an enormous Gene Simmons head? Surprisingly, it's actually popular for kids' birthday parties. Check out monsterminigolf.com/kiss.

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Las Vegas loves quaint home cooking

From swank cuisine to shrimp and grits.

Tourists sick of high-end fare are flocking to a simple diner with a Southern touch

You might not expect to find farm-to-table dining in Las Vegas. But that's exactly why tourists are lining up at a rundown corner a few blocks near the old casinos in the town's seedy core.

It takes visitors arriving by cab a few minutes to locate the nouveau diner Eat on the ground floor of a motel-style apartment complex that rents rooms by the month and looks like a place where a down-on-his-luck crime caper hero might live.

But this is Las Vegas' first neighbourhood restaurant with an emphasis on freshness and locally sourced ingredients.

Eat has been a favourite among locals since it opened two years ago, when more than 100 people lined up to get their first taste. Chef and owner Natalie Young temporarily closed the restaurant that first night to regroup.

She conceived the restaurant as an antidote to the caviar-drenched, truffle-infused upscale restaurants most commonly associated with Sin City. She spent more than a decade working at some of the Strip's fanciest venues, including the restaurant at the top of the ersatz Eiffel Tower. At Eat, she's kept the linen napkins, but chucked the overheated menu descriptions and steep prices.

"There's enough Vegas in Vegas," she said, raising her voice a little to be heard above the buzz of a typically packed



Eat sits on the ground floor of a nondescript motel-style apartment complex. THE ASSOCIATED PRESS

morning at Eat.

The menu is small, with a Southern accent, and it's closed for dinner. Breakfast offerings include buttery cinnamon biscuits served with berries piled on top, free-range eggs any way you like, and pillowy beignets with seasonal jam and mescalone.

For lunch, there are salads, sandwiches on thick toasted bread, shrimp and grits, and the best grilled cheese in town.

There can be a two-hour wait for a table on weekends —

Quoted

"There's enough Vegas in Vegas."

Eat's chef and owner Natalie Young on the need for less fine dining fare and more simple cuisine in Las Vegas.

though it's more like 15 minutes on weekdays.

The place tends to be noisy, and that's by design. The ceilings are high, the tables are spread out, and there is no Wi-Fi, to encourage diners to interact with each other.

For locals, there's another major appeal: You can walk there.

Other cities take for granted the ability to stroll from lunch to a store to a cafe, but until recently in Las Vegas, residents have been forced

to choose between driving to strip malls or braving the sprawling indoor mall that is a modern casino.

Now, however, downtown Vegas is starting to cohere into the city's first traditional neighbourhood. Within the past 12 months, a critical mass of boutique restaurants has moved downtown, a novelty in an area long dominated by the Heart Attack Grill, where people who weigh over 350 pounds (about 160 kilos) eat free.

THE ASSOCIATED PRESS



Try buttery cinnamon biscuits topped with berries. THE ASSOCIATED PRESS

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How more and more city folk are finding the purr-fect stress buster

Cat cafés. Felines feature first at this cosy London tea room

Would you like some kitten with your coffee? Feline company is exactly what one of London's newest cafés is offering — and stressed-out city-dwellers are lapping it up.

"People do want to have pets and in tiny flats, you can't," said café owner Lauren Pears, who opened Lady Dinah's Cat Emporium last month in an area east of the city's financial district.

"There's not many places in London you can just curl up with a book and chill out with a cat or two on your lap," she said. "I think that's what our success is down to."

"I can see how this would be good for someone lacking company," said customer Sara Lewis, as she stroked a cat sitting on her lap. "It's the best idea ever."

The cosy English tea room, named after Alice's cat in Wonderland, charges customers £5 pounds (\$9.15) for two hours of kitty company. Coffee and afternoon tea — sandwiches, cakes and scones — are on the menu at an additional cost.

Lady Dinah's opened March 1, and is fully booked until the end of June.

Pears raised more than £109,000 (\$200,000) through a crowd-funding campaign to get the café up and running. Despite more than a year of planning permission delays



Would you like a cat with that cuppa? THE ASSOCIATED PRESS

and figuring out how to maintain health and safety standards, she says the hard work has been worth it.

The 11 resident kitties were donated by people who could no longer look after them. Kitty welfare is paramount: The cats get regular breaks away from people, and staff have been trained by animal behaviourists to care for them.

Lisa Vann brought her 8-year-old daughter, who has learning difficulties, to Lady Dinah's for a playdate. "She's delighted to be here," she said.

The animal café craze shows no signs of slowing, with establishments now open in London, Vienna and Paris. A dog café, House of Hounds, is scheduled to open in London later this year.

THE ASSOCIATED PRESS



Cats and caffeine: Do you need anything else? THE ASSOCIATED PRESS

Japanese origins

Cat cafés first took off 10 years ago in Japanese cities, where many people live alone in cramped high-rise apartment blocks that don't allow pets. Making feline friends became popular therapy for lonely or anxious workers.

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Bucket List



Bermuda

Get a head start on summer — and your tan — with a quick escape to Bermuda. May-June is the perfect time to visit. So often confused with Bahamas and Barbados, Bermuda is a connect-the-dot maze of islands in the Atlantic Ocean, on the same latitude as South Carolina. With a temperate climate, as opposed to a tropical one, this paradise is more than just the baggy shorts and big onions it is commonly associated with. Coral walls and white roofs mimic the sand and clouds, while left-hand drive and roundabouts remind you of the island's British roots, as does the buttoned-down vibe, reminiscent of the colonial past. WestJet flies non-stop from Toronto in three hours, often for under \$400 return (taxes included). Visit GoToBermuda.com. **DOUG WALLACE/METRO**

Real-life tours.

Founder of G Adventures talks about authentic tripping and the positive impacts it can have



ON THE MOVE

Loren Christie
life@metronews.ca

Last month, my spouse and I took our 18-year-old nephew, Jake, to Kenya on a safari camping trip with G Adventures.

I'm sure we saw every possible animal from zebras and hippos to lions and leopards. Our merry band of fellow campers included people aged 18 to 73 from all corners of the earth.

In addition to the spot-on logistics, I was impressed with how we were connected to the communities in which we travelled during the tour. I asked author and G Adventures founder Bruce Poon Tip how he made this Canadian



From left, chief experience officer Joseph and drivers Richard and Walter on a G Adventures safari camping trip in Kenya. Part of the company's mandate is to create jobs for locals in the areas in which it operates. **LOREN CHRISTIE/METRO**

company into a global success.

What makes G Adventures different?

We believe in wealth distribution by creating jobs and taking people into unique parts of the world, areas that would not normally benefit from tourism — staying with

a nomadic tribe in Mongolia, a rainforest community in the Amazon or on a ranch in Iceland. We aim to create jobs and tourism benefits in areas that wouldn't normally get to see that. We are a true global travel brand. People from 160 countries booked trips with us in the last 18 months.

Your vision is very clear.

We're about changing people's lives and creating happiness and community on a global scale. Any company can do it, we just choose travel as the vehicle to deliver our core values. We have invented departments like G force that travel and do leadership

and purpose camps all over the world. I have people in Africa, Asia. They all have to buy into a specific set of core values. So we need to recruit differently, train differently. We have to build a business model around achieving happiness. I spend a lot of my time rallying our people to deliver our service message.

Who do you cater to?

We are a company that has relied on psychographics versus demographics. Today people suspend their beliefs and go to an all-inclusive compound or go on a cruise, yet when they come home they recycle, use low wattage light bulbs or eat organic. While on vacation they forget to care about the country they are in.

Our travellers have a different mindset. They want holiday time to represent the way they live their life and to have a positive impact on the world. If you want the comforts of home, please stay at home. Watch Africa on TV. Why not feel like you are in another country?

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How-to



Avoid pickpockets

Carry your wallet in a front pocket, with the opening facing down. 2. Be alert in busy areas. Pickpockets target train stations, bus stops, crowded street corners and street performances. 3. Be wary of diversions: If someone tries to get your attention or brushes up against you, make sure your hand is on your wallet. 4. Turn backpacks into frontpacks. 5. Carry handbags across your body or under your arm, with the flap facing your body. 6. "Snatch-and-grabs" are considered violent crimes. Just let them have it. **DOUG WALLACE/METRO**

Tool



Live your own Vegas movie

New app Suiteness sets you and your friends up for a Vegas weekend à la Hangover Part IV — or at very least for Facebook, in spite of the "stays in Vegas" adage. The app lets you book a high-roller, multi-bedroom suite with your buddies for the same prices you would pay for several regular rooms. You plug in your wants and needs (minus the bartender and the tiger) and Suiteness gets back to you within 24 hours with your options. Los Angeles, New York and Miami won't be far behind. **DOUG WALLACE/METRO**

Deals



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Sometimes you just owe it to yourself to amp up your vacation with a little extra indulgence. Special anniversary? Milestone birthday? Parrot Cay, the award-winning private-island retreat may be just the place to celebrate. There is amazing diving, a serene spa, wellness programs and very fussed-over food. From April 25 to Dec. 15, the resort is offering four nights for the price of three, seven nights for the price of five and 14 nights for the price of 10 (some blackouts apply). Visit comohotels.com/parrotcay. **DOUG WALLACE/METRO**

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Five free things to do if you find yourself in Tel Aviv

The Boulevards

Tel Aviv's founders envisioned a "garden city" in which small roads lead into green enclaves nestled inside a bustling urban landscape. Visitors get a sense of this unique design thanks to the wide tree-lined walkways and bike paths that split the six boulevards of the city (Rothschild, Chen, Nordau, Ben-Gurion, Ben-Zion and Yerushalayim). Along trendy Rothschild, you'll get a glimpse of "The White City" — a collection of some 4,000 boxy, Bauhaus-style buildings that earned Tel Aviv UNESCO recognition as a World Heritage Site. On Ben-Gurion, the home of the boulevard's namesake (and Israel's first prime minister, David Ben-Gurion) can be toured free of charge.



The Beaches

A dozen municipal beaches stretch out along 14 kilometres of coast, offering ample space for relaxing in the soft sand and dipping in the warm Mediterranean waters. Access is free of charge and some offer extra amenities such as beach volleyball courts and outdoor exercise equipment. You can also observe and partake in Israel's unofficial national sport of matkot, or beach paddleball. The pros come out to the Hilton Beach early Saturday mornings, where the fast-paced sound of balls smacking echoes along the promenade. Later, tourists are also welcome to join public sessions of Israeli folk dancing.



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Jaffa

The biblical Mediterranean port city of Jaffa is part of the joint Tel Aviv-Jaffa municipality. It offers a gateway into the city's origins, with synagogues, churches, mosques and clock towers from the Ottoman era open to visitors. In Old Jaffa, walk down the ancient cobblestone alleyways, pop into pottery stores or just grab a seat to stare at the glistening waters below. A renovated port area with myriad restaurants and coffee shops offers a pleasant place to walk by the sea, where rickety fishermen's ships still dock. Cool off from the blazing heat at the port's new indoor market.



Nve Tzedek

Long before Tel Aviv became a city in 1909, the first Jewish neighbourhood to emerge from Jaffa was Neve Tzedek. Hebrew for Oasis of Justice, today it is a Soho-like enclave, lined with upscale designer stores and shops and galleries, but it also maintains its original feel of a quaint village. Explore the main Shabazi Street, but also the smaller passageways that house boutiques and trendy coffee shops. The neighbourhood's flagship Suzanne



Dellal Center offers pricey dance performances, but only a short walk away you can find the renovated Hata-

chana, Tel Aviv's old railway station, where live music can be enjoyed while observing outdoor art exhibits.

The Yarkon Park

Tel Aviv's primary open space sits along the Yarkon River and offers a perfect place for a jog, a stroll or a picnic. Renting kayaks will cost money, but you can lazily lounge along the riverbank as long as you want or visit a free mini-petting zoo. Those in the mood for more adventure can try scaling the outdoor climbing walls or join a pickup soccer or basketball game.

PHOTOS AND TEXT
THE ASSOCIATED PRESS



A kick of heat for this meat

Orange Sriracha Maple Chicken Thighs with Spring Greens. Orange juice moonlights as a tenderizer in this dish



DINNER EXPRESS
Emily Richards
food@metronews.ca

FLASH FOOD



From your fridge
to your table in
30 minutes or less

Looking for some spice in your life at dinner time? Well, Orange Sriracha Maple Chicken Thighs with Spring Greens might help you feed that craving.

These smoky and spicy chicken thighs are addictive with their balance of heat and sweet.

Chicken thighs are tender and offer up juiciness and flavour while being easy to prepare thanks to Florida orange juice, which helps add flavour and tenderize the chicken for a deliciously moist bite every time.

The sweet hint of orange juice is paired with a spicy kick of sriracha chili sauce and local pure maple syrup, making this a truly great introduction for spring that could become a quick favourite.

1. In a large resealable bag, combine orange juice, paprika, garlic, oregano, chili



START TO FINISH ABOUT 25 MINUTES

This recipe makes eight servings. FLORIDA DEPARTMENT OF CITRUS

sauce and maple syrup. Add chicken; seal bag and turn to massage chicken evenly. Refrigerate for at least one hour or up to overnight.

2. Place chicken on oiled, preheated grill over medium heat, turning once or twice for 10 to 15 minutes or until no longer pink inside and juices run clear.

3. Spring Green Toss: In a large bowl, toss greens with oil, vinegar, Florida orange

Ingredients

- 3/4 cup (175 ml) orange juice
- 2 tsp (10 ml) smoked paprika
- 2 large cloves garlic, minced
- 1 tsp (5 ml) dried oregano or 1 tbsp (15 ml) chopped oregano
- 1/4 cup (60 ml) sriracha chili sauce
- 3 tbsp (45 ml) pure maple syrup
- 2 lbs (1 kg) boneless skinless chicken thighs (about 12)

Spring Green Toss

- 1 pkg (142 g) mixed spring greens
- 1 tbsp (15 ml) canola oil
- 2 tbsp (30 ml) white wine vinegar
- 1 tbsp (15 ml) orange juice
- Pinch each dried oregano, salt, pepper

juice, oregano, salt and pepper and serve with chicken.

Cooking tips

- Orange juice is a staple in many homes and most often enjoyed at breakfast. But start thinking outside the box at the dinner table and add some orange juice to a sauce or dressing for flavour and enhancement. You might just get a bit more creative each time you step into the kitchen.
- Trim any visible fat from chicken thighs before marinating.
- Sriracha has a big kick of heat, so for a milder version use only two tbsp (30 ml) of the sauce in the recipe. Look for it in the international aisle of your grocery store.

Fine sweet and tangy balance

The trouble with sweet-and-sour chicken is that the flavour is mostly sweet and weirdly acidic. It never seems to deliver on the satisfying balance of gently sweet and

teasingly sour.

A caramel-based sauce spiked with ginger, lime juice and fish sauce is the solution.

The result is deliciously sweet, but equally tangy and

savoury. Be warned: These Sweet-and-Tangy Caramelized Chicken Thighs are not the gloopy red sweet-and-sour with pineapple and cherries you know from the takeout box. They're better!

1. In a large saucepan over medium heat, combine the sugar and water. Bring to a simmer and cook without stirring for about 10 minutes, or until the sugar has browned and thickened to caramel. Stir in the fish sauce, being careful of sputtering, then the soy sauce, ginger and lime juice.

Return to a simmer.

2. Meanwhile, in a large sauté pan over medium, heat the oil. Add the chicken and cook, stirring often, for 20 minutes, or until cooked through.

3. When the chicken has cooked, use a slotted spoon or tongs to transfer the chicken (but none of the liquid in the pan) into the caramel sauce. Toss to coat the chicken with the sauce, then transfer it to a serving platter. Top with scallions and cilantro.

THE ASSOCIATED PRESS



This recipe makes six servings. MATTHEW MEAD/ THE ASSOCIATED PRESS

Ingredients

- 1/2 cup sugar
- 1/4 cup water
- 1/4 cup fish sauce
- 2 tbsp low-sodium soy sauce
- 1 tbsp grated fresh ginger
- Juice of 1/2 lime
- 1 tbsp canola or vegetable oil

- 3 pounds boneless, skinless chicken thighs, trimmed and cut into 1/2-inch strips
- Scallions, thinly sliced, to garnish
- Fresh cilantro, chopped, to garnish

Giving the job your all and then some

Can you over-deliver?

Four ways that you can exceed everyone's expectations at work

SIDNEYEVE
MATRIX
TalentEgg.ca

High performers can be counted on to deliver value — day in, day out.

In fact, superstar talent tends to exceed expectations regularly, and that's how they get noticed by the powers that be.

The truism, “under promise, over-deliver” has merit.

Even if the “promise” part is out of your hands because your position comes with an assigned task list, it's always possible to exceed expectations. Here's how you can practise over-delivering this week to shine at work.

Think outside the box

Coming up with brand new creative ideas, or fresh combinations of existing ones, adds value to a business, project or unit.

Think more creatively by getting out of your comfort zone and gaining new perspectives.



Innovative ideas arise when you shift mindsets and run full speed ahead in your client's shoes. ISTOCK

Strike up conversations with those outside your field or market, ask ques-

tions and listen carefully to the responses.

“Fall in love with your customers' problems,” not your solutions, advises Andrew King of the University of Virginia, and you'll be well-positioned to come up with saleable ideas and solutions based on existing needs.

Once you have some fresh new ideas, test them with a bit of research, then practise your pitch for team members, supervisors, or senior management.

Volunteer for extras

There are some tasks no one puts their hand up for. Be the one to get your hands dirty.

Whether you are an entrepreneur, an intern, a middle manager striving to climb a corporate ladder, or even the CEO, this one's for you.

“Do the jobs no one else wants to do,” advises LinkedIn author Creel Price, “tackle tough or inglorious tasks without complaint

Be on time

For self-starters and entrepreneurial types, consistent punctuality is absolutely essential for communicating to higher-ups that you are trustworthy and prepared to be productive.



- To get ahead, business coach Dan Kennedy advises you to “be where you're supposed to be when you're supposed to be there, as promised, without exception, without excuse, every time, all the time.”
- Managing your schedule properly is part of managing others' expectations, and it indicates that you can be counted on for higher-stakes projects and critical, time-sensitive tasks. So be on time, and deliver on deadline.
- Or better yet, be early. Having work finished ahead of schedule always gets noticed.

or promise of reward” and you'll demonstrate your strong work ethic and leadership mindset.

And while you're at it, stay on alert for the pet projects that come down from the C-suite and grab ahold of those high-visibility opportunities.

Step up, own it, stand out

Differentiate yourself by delivering exceptional work products and performance, above and beyond expectations.

Too busy or slightly unmotivated?

At those times, the secret to feeling optimistic and inspired at work is adopting what Harvard Business Review author Heidi Grant Halvorson calls a “promotion focus” — a mindset concentrated on racking up the accomplishments and

achievements that will get you noticed.

One easy way to find those promotional opportunities is to be on the lookout for tasks or projects you can take ownership of.

Own it, do it and establish a reputation as the problem solver, “the one your boss associates with getting things done,” advises Tim Murphy.

In the process you'll increase your value to the organization and your job security.

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How Polkaroo put me on the right career path

From host to the most.

As TalentEgg.com launches its exciting Challenges platform, one Egger tells her own tale of working toward greatness

LEAH RUEHLICKE
TalentEgg.ca

When I was about 10 years old, I decided my goal in life was to be a TVO Kids host. Thirteen years, one university degree and 25 pairs of jeans later, this remained my life ambition.

So, after helplessly sending out resumé after resumé and putting in way too many hours into a job I couldn't care less about in order to pay those bills, I decided perhaps this was life's way of telling me to chase that dream.

I signed up to volunteer



TalentEgg contributor and friend to Polkaroo, Leah Ruehlicke.
CONTRIBUTED

with Ontario public broadcaster TVO, and when they offered me a gig timing a ping-pong tournament with Polkaroo, I figured this was the breakthrough I had al-

ways been waiting for.

I went. I wore my bright green T-shirt with pride and ran that stopwatch like my life depended on it.

I smiled at people. I even

Leap of faith

"Beating my employment challenge meant throwing myself at a dream I had cherished for more than a decade, not knowing what would happen."

Leah Ruehlicke

talked to some — and in doing so I ended up meeting my current boss. Fast forward one year, and I'm happily employed in an industry I never thought I'd be in. I'm not a TVO Kids host — but in pursuing that dream my ambitions changed into something completely unexpected and even more exciting.

I now work somewhere that challenges me, inspires me and makes me think. And I owe it all to Polkaroo.

I also owe it all to allowing myself to stand out. That, to me, is exactly what Challenges is all about. I know the pain of the job hunt. It sucks.

What is TalentEgg Challenges?

TalentEgg Challenges will give young people the opportunity to demonstrate and verify their skills — helping them prove to employers that they have what it takes to be valuable employees.

- Students and grads can tackle relevant online Challenges presented in partnership with innovative brands and employers.

- After completing a Challenge, participants receive a review of the skills and experiences gained, which can easily be added directly to their resumé and LinkedIn profile. Top performers in each Challenge will also be eligible for a range of prizes.

Visit talentegg.ca/challenges for more details.

For entire year I questioned everything; whether or not I pursued the right degree or if I wasn't as smart as I thought or if I had chosen to live in the wrong city; if people thought I had a weak mind and flat hair and if I had only bought the more expensive blazer maybe the interviewer would've taken me more seriously.

I felt discouraged and sad and hopeless because at the end of the day I simply didn't know how to stand out.

Beating my employment

challenge meant throwing myself at a dream I had cherished for more than a decade, not knowing what would happen.

Challenges offers that same potential, without all of the uncertainty that goes with it. It gives students and recent grads the chance to show that they are thought leaders, driven, willing to try something new and put their all into a project.

It's exactly the kind of opportunity you need as you prepare to navigate the school-to-work transition.

Augmented Reality

Are you ready to take on Metro's AR Challenge?

If you're a student or recent grad, you know the Get Your First Job catch 22: No one wants to take a chance on you because you have no real world experience. And unless someone gives you a job, you can't gain that experience.

That's why Metro is pumped to partner with TalentEgg in an exciting Challenge designed to give every entrant an opportunity to show what they can do.

The Challenge: Show us a compelling and innovative way Metro can use our new Augmented Reality (AR) technology to bridge the printed and digital worlds.

The Prize: A \$500 Future Shop gift certificate, and the chance to see your idea implemented, engaging 1.8 million readers in all 10 Metro papers from Halifax to Vancouver.

We're looking for the big idea that will resonate with our Millennial audience and will reflect the Metro brand personality: smart, urban, tech-savvy, opinionated and in-the-know.

Metro AR represents the first time a newspaper has developed a custom, native solution for bringing augmented reality to its product. What makes AR particularly interesting is that while it represents storytelling through the lens of mobile devices today, it is a precursor to how news and information will be distributed in the near future. That might be through wearables like Google Glass, via windshields on vehicles or perhaps another exciting iteration that has yet to come to market.

Metro's Challenge asks students to apply creative thinking to a new frontier in the publishing world. It's an opportunity for students and grads to showcase their ability to take concepts they've learned at school and bring

See that symbol? It means you can scan this image with your Metro News app to see one of the amazing things you can do with Augmented Reality

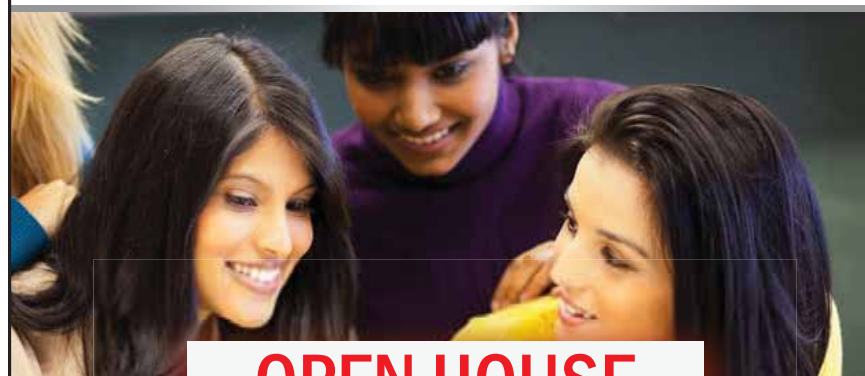


them to bear on an exciting and evolving form of storytelling.

"The real reward lies in the feedback report that students receive as part of their participation, outlining their ranking and the competencies/skills gained through participation," says TalentEgg founder Lauren Fries about the contest. "This feedback can be used for personal improvement, but more significantly, can be added to participants' resumé and LinkedIn profiles as proof and validation of their ability to translate theory learned in the classroom to real scenarios."

For more information, visit talentegg.ca/challenges and get cracking! **METRO**

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MLB

Red Sox hit into 5 double plays in loss to Rangers

Robinson Chirinos started a five-run third inning with his first homer of the season and the Texas Rangers won 10-7 as the Boston Red Sox hit into five double plays Tuesday night.

The Red Sox scored three runs in the ninth against Joakim Soria on an RBI single by Jonny Gomes and a two-run double by David Ortiz, but Mike Napoli struck out to end the game.

The Rangers finished with 13 hits, the first time in six games that they had at least 10.

Boston's five double plays were one fewer than the American League record for a nine-inning game shared by eight teams. The major league mark of seven was set by the San Francisco Giants in 1969.

THE CANADIAN PRESS

MLB

Cabrera homers again in Jays win

Dioner Navarro had RBI doubles from each side of the plate and Melky Cabrera homered for the fourth consecutive game as the Toronto Blue Jays defeated the Houston Astros 5-2 on Tuesday night.

Jose Bautista added his fourth home run of the season as Toronto (4-4) made a winner of veteran left-handed pitcher Mark Buehrle, who bent but didn't break over 5 1/3 innings in running his record to 2-0.

Houston outthit Toronto 9-5. **THE CANADIAN PRESS**



Canada's Kevin Koe, centre, reacts, as teammates Carter Rycroft, left, and Nolan Thiessen sweep the path for the stone during their bronze-medal match against Switzerland at the World Men's Curling Championship in Beijing, China, on Sunday. ANDY WONG/THE ASSOCIATED PRESS

Koe's new lineup eyeing gold in 2018

New team unveiled. Shuffling decided after win at the Brier

Veteran skip Kevin Koe already has one world title and two national titles on his resume.

His next mission is to qualify for the Winter Olympics and he's assembling a new team to try to make it happen.

Koe plans to leave the rink he guided to victory at the Tim Hortons Brier for a new lineup that will include Marc Kennedy at third, Ben Hebert at lead and Brent Laing at second. It's an experienced all-star crew that will have its eye on

qualification for the 2018 Winter Games in Pyeongchang, South Korea.

"It was not an easy decision," Koe told The Canadian Press from Calgary. "But I felt the timing was good personally for me — just with the next Olympic cycle coming up — to make a change."

News of the change broke last month before the team departed for the world championship in China. The moves weren't formally announced until the Canadian Curling Association issued a news release Tuesday.

Koe and his Calgary-based team of third Pat Simmons, second Carter Rycroft and lead

Nolan Thiessen settled for a disappointing fourth-place finish last weekend in Beijing. They'll play their last event together as a foursome at the April 15-20 Grand Slam Players' Championship in Summerside, P.E.I.

Koe discussed his plans with his teammates last month after they won the Brier in Kamloops, B.C. He admitted it was a "difficult conversation," but doesn't think it affected their play overseas.

"I think the guys would say the same thing," Koe said. "If anything, we wanted to win a world championship for each other that much more."

"Teams just kind of run

Koe's new lineup

Plenty of silverware on these guys' shelves.

- **Marc Kennedy and Ben Hebert** won Olympic gold at the 2010 Games in Vancouver with skip Kevin Martin.
- **Brent Laing** won world titles with veteran Ontario skip Glenn Howard in 2007 and 2012.

their course," Thiessen said from Edmonton.

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NCAA basketball

LeBron gives Ollie congrats

LeBron James remembers just about every detail from his days playing alongside Kevin Ollie in Cleveland, including that the newly crowned coach of the NCAA champions wore No. 12.

And James is thrilled that now Ollie is No. 1. Even though he's professed to rooting for Kentucky at times in the past and has a close relationship with Wildcats coach John Calipari, James raved on Tuesday about the job Ollie did while leading Connecticut to the national title. UConn topped Kentucky 60-54 on Monday night for the title, one that came in Ollie's second season on the sideline.

"I've got a lot of respect and I'm very, extremely happy," James said before he and the Miami Heat played the Brooklyn Nets. "Even though I have a lot of Kentucky connections.... I was in a win-win situation and I was extremely happy for K.O. I think it was big time." **THE ASSOCIATED PRESS**

Canuck fans get their way



Mike Gillis was fired by the Canucks on Tuesday. DARRYL DYCK/THE CANADIAN PRESS

NHL. Shortly after falling out of playoffs in Vancouver, GM Gillis gets canned

Less than three years after leading the Vancouver Canucks to within a game of the Stanley Cup, Mike Gillis is out of a job.

The club fired its president and general manager on Tuesday, just over 14 hours after the team was eliminated from playoff contention in a listless and embarrassing 3-0 loss to the Anaheim Ducks that had fans at a half-empty Rogers Arena chanting "Fire Gillis" in the game's dying minutes.

"The Vancouver Canucks had success under Mike's leadership, and we nearly reached our ultimate goal; but I believe we have reached a point where a change in leadership and new voice is needed," team owner Francesco Aquilini said in a statement announcing the move.

The Canucks have three games remaining on their schedule, but were given Tues-

Time for a change

Apart from this season's product on the ice, Mike Gillis had also been roundly criticized for his poor draft record, questionable free-agent signings and trades, and the handling of the Roberto Luongo saga.

day off. Aquilini was set to meet the media on Wednesday morning before the team practises.

At the NHL general managers meeting last month in Boca Raton, Fla., Gillis pointed to injuries and head coach John Tortorella's infamous locker-room incident against the Calgary Flames as reasons for a disappointing mid-season swoon that saw the team win just four of 20 games, including eight consecutive regulation losses.

Gillis was named NHL general manager of the year for the 2010-11 season and signed a contract extension after the 2011-12 campaign, but admitted in a recent radio interview that the Canucks' fall from grace put his job security in question. **THE CANADIAN PRESS**

NHL. Lightning put final bolt in Maple Leafs' coffin

Ondrej Palat had two goals, Anders Lindback came off the bench to make 25 saves, and the Tampa Bay Lightning ended Toronto's playoff hopes by beating the Maple Leafs 3-0 on Tuesday night.

Tampa Bay goalie Ben Bishop left with 14:17 left in the first due to an undisclosed upper-body injury. He was hurt while lunging to his left and landing on his side while attempting to glove the puck. Lindback replaced Bishop, who is 37-14-7 this season for the playoff-bound Lightning.

Victor Hedman had an empty-net goal late in the third for the Lightning, who trail Montreal by two points

for second place in the Atlantic Division. Bishop turned aside three shots before departing.

James Reimer stopped 31 shots for the Maple Leafs, who have lost 10 of 12.

Palat put the Lightning up 1-0 when he beat Reimer from the top of the left circle 9:19 into the second.

Tampa Bay went up 2-0 during a power play when Palat, positioned near the post, scored after Steven Stamkos sent the puck off the boards behind the net with 4:15 left in the second.

Lindback made a nifty glove save on Jake Gardiner's shot late in the second.

THE ASSOCIATED PRESS



Leafs goalie James Reimer pulls the puck out of his net during Toronto's 3-0 loss to the Tampa Bay Lightning on Tuesday night. MIKE CARLSON/GETTY IMAGES

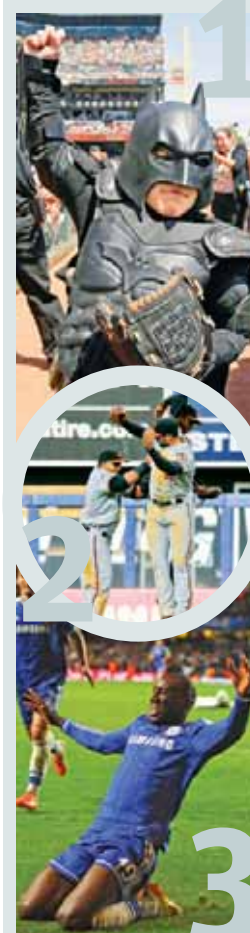


Masters competitors on their marks

Canadian golfers Mike Weir, left, and Graham DeLaet walk down a fairway during a practice round prior to the start of the 2014 Masters tournament at Augusta National Golf Club on Tuesday in Augusta, Georgia.

ANDREW REDINGTON/GETTY IMAGES

Sports in pictures



1 MLB. Batkid strikes again

Batkid, whose alter ego is Miles Scott, threw out the first pitch prior to the San Francisco Giants' home opening 7-3 win over the Arizona Diamondbacks on Tuesday. **THE ASSOCIATED PRESS**

2 MLB. O's overpower Bronx Bombers

Delmon Young, Adam Jones and Matt Wieters homered as the Baltimore Orioles teed off for 20 hits, battering the New York Yankees 14-5 Tuesday.

THE ASSOCIATED PRESS

3 Soccer. Chelsea stuns PSG in London

Chelsea overturned a two-goal deficit against Paris Saint-Germain to reach the Champions League semifinals on Tuesday, with Paris-born Demba Ba clinching a 2-0 win that sent the London club through on away goals with a 3-3 draw.

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2014 BMW 2-series Coupé

- **Type.** Two-door, rear-wheel drive four-passenger coupe
- **Engines (hp).** 2.0-litre DOHC I4, turbocharged (241); 3.0-litre DOHC I6, turbocharged (320)
- **Transmissions.** 8-speed automatic; 6-speed manual (opt.)
- **Base price (incl. destination).** \$38,100

Design

Although similar to the outgoing 1-series coupe, the 2-series is actually more than five centimetres longer, 2.5 centimetres wider and it has a bit more space between the front and rear wheels. Thankfully, the dimensional enlargements are minimal, but the revised shape of the 2-series, especially a more elongated nose, sloping roofline and rear deck, result



in a more attractive shape. For diehard BMW spotters, the larger grille and lower air intakes are the most noticeable ways to tell if the basic Bimmer you're checking out is a 2 or a 1.

Fuel consumption

If fuel consumption is a consideration, the 228i is rated at 8.7 l/100 km in the city and 5.4 on the highway (improved from 10.8/7.0 for the 128i). The M235i's numbers are 10.0 city and 6.4 highway. Note that both models require premium fuel.

Basic features

Just because the 228i is the base 2-series doesn't mean it's stripped-down. Base equipment includes climate control, auto stop/start function, multi-adjustable (non-power) front seats, rain-sensing windshield wipers and a premium audio system.

2015 BMW 2-series Coupé

Review. BMW goes back to its roots to refine and redefine the concept of a pure sporting machine

MALCOLM GUNN
wheelbasemedia.com

BMW knows exactly how to position the new 2-series Coupé.

A photo on the automaker's website shows the car running neck and neck with the iconic 2002 coupe that was produced from 1968-'76. It's a comparison worth pondering as the 2002 was a benchmark sporty car, a pure one at that, for the company. An even more interesting comparison is with the new 2014 4-series Coupé. Both models offer the same powertrains, but the 2-series base price is \$8,900 cheaper, at \$38,100. The smaller 2-series is also about 90 kilograms lighter, which should make it quicker off the line and more nimble.

The 4-series does offer more cabin space than the 2-series and the 4 can be had with BMW's xDrive all-wheel drive system that's ideal for anyone making frequent excursions to the ski slopes.



Still, driving enthusiasts on a budget or who those prefer a more minimalist approach to tackling twisty back roads are likely to find the 2-series fits their needs like a well-worn pair of driving gloves.

For stashing your gear, the trunk is slightly larger than that of the 1-series and the back seat can be split-folded for extra space.

Under the hood of the base 228i is a turbocharged 2.0-litre four-cylinder that makes 241 horsepower and 258 pound-feet of torque. It's the same engine that powers several other BMW models, including the base 4-series Coupé. The base engine in the 1-series was a non-turbo 230-horsepower four-cylinder.

Step up to the M235i Coupe and your right foot controls

a turbocharged 3.0-litre six-cylinder engine with 320 horsepower and 330 pound-feet of torque.

Ultimately, what's neat about the 2-series is that it's the least expensive way to obtain a BMW, yet you're guaranteed to get the same kick for your money as with many of the company's pricier products. Talk about driving a bargain.

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The grass is said to always be greener on the other side of the fence, but when it comes to luring new car buyers into an ultra-competitive market, meaner has become much more fashionable than greener. In a tactical about-face from what vehicle manufacturers used during the auto-show season last year, ecology and efficiency are being muscled out in favour of handling and horsepower. Following are a few of the more notable trends from the 2014 auto-show season that have made many industry rivals green with envy.

TODD D. BURLAGE
wheelbasemedia.com

Show stoppers

Body by Alcoa

Even with dozens of exciting vehicle debuts such as the macho Corvette Z06 and the racy Toyota FT-1 concept during this year's auto-show season, one trusty pick-up truck has gained the most attention after being unwrapped in January during the Detroit Auto Show.

With its all-aluminum body construction, the Ford F-150 shed about 300 kilograms — lighter means fuel savings — and changed the design game in this vehicle segment. The best-selling truck in America during the last three decades, the F-150 keeps the traditional steel platform, but the lighter body weight and improved fuel mileage are grabbing serious attention from every other North American truck maker.

Details remain under wraps, but The Wall Street Journal reported that General Motors has secured contracts with aluminum suppliers Alcoa and Novelis for construction of its own aluminum-bodied trucks. From a practical standpoint, the Detroit launch of the Ford F-150 will likely remain the most important vehicle debut of the auto show season.



Ford has reset the bar by making the body of the 2015 F-150 out of aluminum. Now others will be forced into it to remain competitive.
ALL PHOTOS CONTRIBUTED

Another alternative

In a move that adds momentum to a fledgling alternative fuel option, Hyundai used the Los Angeles Auto Show in November 2013 to introduce its 2015 Tucson Fuel Cell vehicle, which is a hydrogen-powered tall wagon set for release in North America this spring. Honda and Toyota also showcased their production-ready fuel-cell rides in L.A.

These clean-running vehicles convert hydrogen to electricity to power the vehicle. Heat and water vapour are the only emissions.

Fuel-cell technology isn't necessarily new; Hyundai already sells Tucson's inspiration — the hydrogen-powered ix35 — outside of North America.

"We really think this will make battery electric vehicles feel old-fashioned," said former Hyundai CEO John Krafcik, pointing out that a fuel cell can be fully loaded with hydrogen in about eight minutes for a 500-kilometre range. A battery-electric can take hours to charge. As additional incentive to potential buyers, Hyundai is offering unlimited and free hydrogen to its Tucson lessees. But given the limited number of hydrogen fuelling stations, Tucson will only be sold in the Los Angeles, Calif., area initially, where the greatest concentration of hydrogen refuelling sites exists.



Hyundai will give you free hydrogen if you opt for its fuel-cell Tucson. You need to live in the L.A. area, though.

Techtrend

Apple Inc. used the Geneva, Switzerland, Motor Show in March to unveil its CarPlay iPhone interface system that has created a technological buzz from car builders around the world.

Mercedes-Benz, Ferrari and Volvo were just three of the manufacturers at the show to demonstrate this new interactive system that some analysts project will become practically standard equipment in many models beginning this year.

Essentially, the CarPlay interface replicates the iPhone home screen on the vehicle's centre console display. Once iPhone is connected, a button on the steering wheel activates the Siri voice-recognition technology, allowing drivers to access contacts, make calls, check voice mail, have text messages read aloud and then dictate responses, all without taking your hands off the wheel or eyes off the road.

CarPlay also includes its voice-activated turn-by-turn Apple Maps navigation system that even suggests possible destinations based on phone conversations and text messages.

This system will work with iPhone 5s, iPhone 5c and iPhone 5 and will be available in select car models shipping in 2014.



If it looks like your iPhone took over your car, then you understand what CarPlay is.

Driver-free driving

While Ford was improving its existing truck line, Nissan had its vision set on the future, using the stages of the Tokyo Motor Show late last year to celebrate its autonomous-vehicle technology.

If Nissan's projections hold up, the Japanese automaker hopes to introduce its self-driving Leaf EV in North America "at realistic prices" in 2020.

Nissan put its autonomous vehicle through an uneventful test drive in Tokyo. This car is capable of negotiating turns, manoeuvring lane changes, recognizing stop signs and handling traffic signals, all without a driver at the wheel.

And while clearing the legalities of a self-driving vehicle navigating North American roadways remains years away, Nissan's lead in autonomous technology will continue to grab the attention of rival builders. "We're not necessarily talking about a situation where you get on the road, push a button and go to sleep," Nissan product chief Andy Palmer explained. "To me, it's about safety and instances where the vehicle supersedes the driver's control. If the objective is zero emissions, zero fatalities, the only way that can be achieved is with autonomous cars."



Nissan believes that if the objective is zero emissions and zero fatalities that autonomous driving — where cars take over from humans — is the way to go.



Fraudsters may cut in front of drivers and slam on the brakes to cause a rear-end crash. COURTESY INSURANCE BUREAU OF CANADA

Suspect a staged
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Insurance fraud.

Crash scams usually orchestrated by organized crime where everyone involved gets a kickback

**JIL
MCINTOSH**
Drive@metronews.ca

You're waiting to make a left-hand turn, but a driver stops and waves you through. As you turn in front of him, he rams into you — and later tells the police he did no such thing.

It's a classic scenario for auto insurance fraud, a crime that rakes in billions of dollars each year from insurance companies and innocent victims across the country.

It's primarily perpetrated by organized crime, according to Rick Dubin, vice-president of investigative services for the Insurance Bureau of Canada. "They intentionally set up a collision and load up the vehicle with individuals so that when it's done, they haven't suffered any injury, but they all end up going to medical clinics claiming they're injured in order to receive benefits," he says.

Along with waving cars through on a turn, these criminals may also motion drivers to pull out of their spots in parking lots and then hit them, or cut in front of drivers and slam on the brakes to cause a rear-end crash. These

Scammers

"They intentionally set up a collision and load up the vehicle with individuals so that when it's done, they haven't suffered any injury, but they all end up going to medical clinics claiming they're injured in order to receive benefits."

Rick Dubin, vice-president of Investigative Services for the Insurance Bureau of Canada

Facts and tips

It's estimated that auto insurance fraud is as much as \$1.6 billion per year in Ontario alone.

- The Greater Toronto Area has the highest number of staged collisions in Canada.
- Don't admit guilt or sign anything for the other driver if you're involved in any collision.

collisions then look like they were the victim's fault.

Clues that you're a target include drivers who want to call emergency vehicles, especially an ambulance, for a minor crash; passengers who complain of neck or back injuries when paramedics show up; drivers with older cars whose insurance was recently issued; "witnesses" who suddenly show up in remote areas; and tow truck drivers who respond almost immediately and offer to take your car to a specific body shop.

That shop may then damage your car even more to increase the bill, or charge your insurance company for work it didn't do, Dubin says. Meanwhile, the passengers will visit doctors who are in on the scam, and recommend unnecessary treatments for which your insurance company will pay. "We have identified well over 300 clinics throughout the Greater Toronto Area that we suspect insurance fraud is taking place," Dubin says.

Meanwhile, the organized crime ring gets a kickback from everyone involved, including the tow truck, body shop, and clinics.

If you suspect a collision is staged, Dubin says to call the police to the scene even if the crash is minor. Call your insurance company as soon as possible and alert them.

They can recommend trusted body shops to repair your vehicle. If you suspect insurance fraud at any time, you can call anonymously to 1-877-IBC-TIPS or your local Crime Stoppers.

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The case for (and against) convertibles

To drive or not to drive. Sure, you get to feel the sun on your face, but everyone's judging the music you're playing



AUTO PILOT
Mike Goetz
drive@metronews.ca

There are a surprising number of things in this life that are love-hate. For me, the classic example is boxer underwear.

When working as designed, boxers are brilliant and you feel free and easy with the world. When boxers are bunched up, you feel pain and question your place in an uncaring world.

When it comes to love-hate things in the automotive realm, the convertible is tops.

In the right circumstances, there is no more joyful vehicle.



You look pretty marvellous in a convertible — except for your wind-burned face and crazy hair. COURTESY CHEVROLET

The case for...

We hardly need to go over why convertibles can be so intoxicating. Sunshine on your face (vitamin D)!

Wind in your hair. A more thorough audio connection with the tuneful and joyful noises coming out of your exhaust and from the insides

of your engine. More interaction with the cityscape or countryside you're cruising through. You look marvellous behind the wheel.

The case against...

But let's cut it off there, because I find it more interesting to dwell on the painful aspects of owning a convertible. Don't get me wrong. I've owned convertibles in the past and loved them, and since the weather turned this weekend, spent more than a little time on Kijiji and Craigslist and Autotrader.ca perusing the ads for both modern and vintage convertibles. It's just that whole convertible experience is touch and go, at least for me.

I'm not saying I have sensitive skin, but after a few hours driving with the top down in the sun, my face looks like I've shaved with a blowtorch. And the hair ... On some people windswept hair looks marvellous. For some reason, however, the wind likes to tousle my hair in a style not normally associated with humans.

I know, just wear a hat. But if you're not a hat person, you tend to end up wearing any lousy hat that's lying around, and that goes against the too-cool-for-school vibe

of the convertible.

And if you're not an extrovert, a convertible might not be for you either, as the driver of one is definitely "on display." That doesn't worry me so much as when you pull up to an intersection, with people waiting for transit, and you sense some are judging you on what type of music is blaring out of the stereo. So what if I like a bit of early Madonna between my Bill Frisell and Arcade Fire?

Driving in a convertible in heavy traffic, especially on the highway, can also be an exercise in noise and smell tolerance.

A convertible, top up or top down, is also not as aerodynamic as a hardtop, and while lots of convertibles now have pop-up roll bars, lots don't. Flip the car over and you're going to have a headache.

The verdict...

We rule in favour of the convertible. A little bit of pain, now and then. A whole lot of fun when the timing is right.

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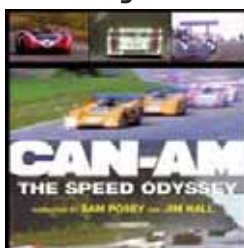
A rock-solid Ferrari



For auto enthusiasts who enjoy the finer things in life and for whom cost is not an issue, this objet d'art is a must-have. Stonework specialist Lapidica of London, England, has created this remarkable 1:3.6-scale sculpture of a 1962-'63 Ferrari GTO from a solid block of Italian Arabescato marble. The GTO's exact shape was created by using the latest in 3D scanners plus Lapidica's CNC shaping mill with its diamond-tipped drills. The entire process took more than 100 hours to complete, followed by several days of hand finishing. The finished product is more than a metre long and weighs, uhhhh, a lot. This one-of-a-kind marble Ferrari sells for 30,000 euro, or about \$45,000. Find out more at lapidica.com.

Reliving Can-Am racing

Those who were lucky enough to attend any of the Canada-America Challenge Cup races, or Can-Am, as they were simply called, will never forget the absolute raw thundering power that these unlimited, no-rules race cars generated. Can-Am brought together the top drivers from around the world, who wrestled these machines around North America's most demanding tracks. Now you can relive those heady times from 1966-'73 with Can Am, The Speed Odyssey. The DVD is narrated by former drivers Sam Posey and Jim Hall, who built and raced Hall's Chevrolet-powered Chaparral in the series. The 95-minute film features interviews with the participants along with plenty of archival action footage. You can order a copy for \$33 US at canamfilm.com.



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Includes Free Nitrogen. Special applies to tires 17" and lower. For 18" rims and larger add \$49.95

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You're ready for a road trip, but is your car?

You've got your tunes, you've packed snacks and you've programmed the GPS. You might be road-trip ready, but after battling the winter weather, is your vehicle?

During the warmer months, we tend to spend more time in our cars. According to Statistics Canada, drivers average 86.7 billion kilometres between July and September, the busiest quarter of the year. So it's not difficult to see that getting your car ready for these summer conditions is crucial for accident prevention and optimal fuel economy.

"Most of us take steps to prepare our cars for winter, but doing the same for summer driving is just as critical," said Mauro Convertini, an insurance expert from Aviva Canada. "Be-

Quoted

"Drivers should take a few minutes to make sure their car is ready to roam the summer streets."

Mauro Convertini, insurance expert with Aviva Canada

fore embarking on a road trip, drivers should take a few moments to make sure their car is ready to roam the summer streets."

Convertini recommends the following:

- **Check your tires:** Use all-season tires and maintain your tire pressure, as both will improve your vehicle's fuel economy in warmer weather.
- **Get rain ready:** Replace your windshield wipers, which may be cracked or torn from ice, snow, salt

and extreme temperatures.

- **Check air conditioning:** There's nothing worse than losing your air conditioning on a hot sunny day. You could have an issue if it can't produce or preserve temperatures that are 10 degrees Celsius below the outside air.

- **Cool your car:** Sitting in traffic on a hot day is tough on your car's cooling system. Ask your mechanic to check your coolant levels at the start of the season.

- **Fight salt damage:** Replacing a salt-clogged air filter gets you more kilometres per litre.

With these tips in mind, you will be ready for your next road adventure. More information is available from your insurance broker or online at avivacanada.com.

NEWS CANADA



After months of winter, your car may not be ready for a long drive. NEWS CANADA

Horoscopes

Aries

March 21 - April 20

If you want a straight answer to a simple question, you may be disappointed. Others are so evasive today. Maybe they have something to hide but more likely their thoughts are simply all over the place.

Taurus

April 21 - May 21

Make sure you keep track of where your money is coming from and, just as importantly, where it is going to, over the next few days. Someone may conveniently "forget" what they owe you.

Gemini

May 22 - June 21

Some people may be loud in their opposition to what you intend to do but don't let it worry or stop you. They will come round when they see how well you are doing.

Cancer

June 22 - July 23

Don't push yourself beyond your natural limits today. You may want to look good, but how good will it look if you collapse before the finishing line? Pace yourself.

Leo

July 24 - Aug. 23

Others may have doubts about what you are doing but you have no doubts at all and will push ahead regardless. The Sun in Aries endows you with loads of energy and almost limitless self-belief.

Virgo

Aug. 24 - Sept. 23

If someone is critical of your work today, don't let it get to you. Either they don't know what they are talking about or they are trying to make a small flaw or failing look much bigger than it actually is.

Libra

Sept. 24 - Oct. 23

Whatever happens today, try not to take it too seriously. Others may think it's the end of the world, but you know it's nowhere near as dramatic as that. It's life, that's all.

Scorpio

Oct. 24 - Nov. 22

Focus on what seems right to you and ignore what the so-called "experts" tell you. Ultimately there is no such thing as facts. There are only various shades of opinion. Yours deserve to be heard.

Sagittarius

Nov. 23 - Dec. 21

The more certain people say you have taken on too much, the more determined you will be to prove them wrong. Sagittarius is a sign that likes to do things in a big way.

Capricorn

Dec. 22 - Jan. 20

Steer clear of negative thoughts because once they have got their hooks in you, it will take a lot of work to break free. Everything will work out for the best in the end.

Aquarius

Jan. 21 - Feb. 19

If you want a creative endeavor to be a success, you are going to need help and this is a good time to ask. Others want to be on your team because they know it's the one most likely to win.

Pisces

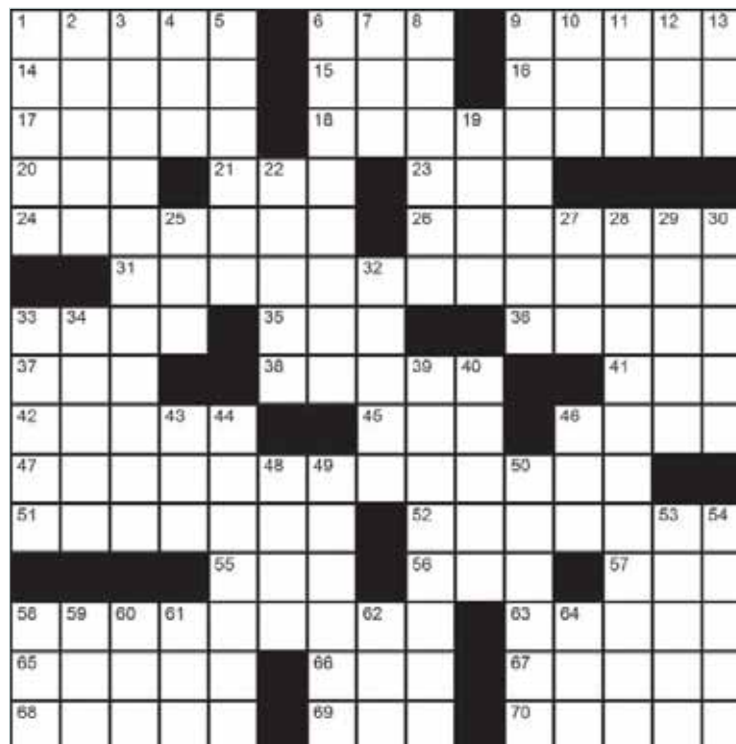
Feb. 20 - March 20

If someone changes their plans at the last moment today, don't let it show that you're not happy. Breathe deeply, count to 20, then give them a big smile and say "no problem". And never trust them again. **SALLY BROMPTON**

Crossword: Canada Across and Down

Across

1. Packed into boxes
6. Goat's bleat
9. Art object
14. Quick
15. Alphabetic trio
16. Best
17. Grief [var. sp.]
18. In a not-one-side-over-the-other way
20. Earlier, olde-style
21. Shopping estab.
23. Sinn Fein was its political arm, for short
24. "Soul Sacrifice" band
26. Ontario town; or, Ms. Lohan
31. Orca-viewing village on Vancouver Island that's about four-and-a-half hours north of Nanaimo: 2 wds.
33. Scoop
35. Him, in Hull
36. Ghana's capital
37. Masses, with Polloi
38. Resulted in, ___ to
41. ' ' for Iberville
42. Mr. Guthrie's
45. ___ whim: 2 wds.
46. Freeze
47. Trendy (and bloody) new skincare procedure in a cosmetic surgery clinic: 2 wds.
51. Heart
52. Feminine and masculine
55. Long-snouted fish
56. Clairvoyance, e.g.
57. Sight: French
58. Exactness
63. "___ my case." (There's nothing more to add)
65. Plains prey
66. Keyboard key



Down

1. Pl. suffix with 'Motor'
2. Ancient shopping locale
3. Fare for Canada's Mary Pickford (b.1892 - d.1979): 2 wds.
4. Brit band
5. Of the skin
6. Romeo's family, House of ___
7. Copy
8. 'Eagle' constellation where Altair shines
9. Flesh-chomping fish

Yesterday's Crossword

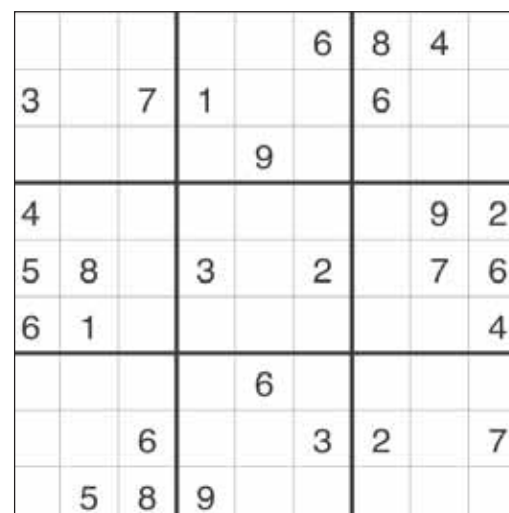


Sudoku

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

Yesterday's Sudoku



Weather

TODAY



MAX: 8°
MIN: 1°

THURSDAY



MAX: 11°
MIN: 0°

FRIDAY



MAX: 14°
MIN: -4°



ANDREW SCHULTZ
METEOROLOGIST

"I get to spread the word on how your day, evening or weekend will shape up with our ever-changing weather here in Alberta."
WEEKDAYS 5:30 AM



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2014 JEEP WRANGLER SAHARA 4 DR.

\$33,998
OR PAY **\$205** BIWEEKLY



2014 JEEP GRAND CHEROKEE LAREDO

\$39,998
OR PAY **\$224** BIWEEKLY



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OR PAY **\$325** BIWEEKLY



2014 GRAND CHEROKEE SRT8

\$43,497
OR PAY **\$433** BIWEEKLY

**HOT!
TO THE LOT!**



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LOADED!
14T152A



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CHEROKEE**
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**HOT!
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DODGE
DURANGO**
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